

"SAFE BIRTHS IN LAST-MILE VILLAGES"

*Sub-Health centre in
Paniya village of
Champawat district,
Uttarakhand*



AROGYA INITIATIVE

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LABOUR ROOM RENOVATION WORK

This is a story of the creation of the first model labour room designed to provide adequate facilities and wholesome care to the mothers and children of the last-mile villages of Kumaon.

In early 2022, a labour room renovation project began in the government Sub-health Centre at Paniya village of Pati block in Champawat district. This was to serve approximately 15,000 people living in 40 surrounding villages. Despite initial struggles, the renovated labour room was inaugurated on February 1, 2023.

To reflect the sensitivity of the terrain, the project used materials that are better for humans and make a lesser impact on the surroundings. For instance, the use of light aerated concrete blocks reduced the overall weight of the structure, and lime was used as plaster since it is durable, more insulating and releases fewer harmful gases than cement.



BEFORE



AFTER



The centre adheres to all prescribed NHM standards and includes:

- A 24-hour labour room services with a skilled Auxiliary Nurse and Midwife, ensuring safe and hygienic normal deliveries. Warm colours were deliberately chosen to create a comforting and soothing ambience for families.
- A comfortable restroom with hot water facilities.
- A waiting area to handle routine events, meetings and trainings.
- A front yard to ensure a comfortable experience for visitors and regulate the flow of patients.

Other services includes:

- Immunization,
- Counselling on nutrition and feeding practices,
- Abdominal examination,
- Regular growth and vitals monitoring,
- Family planning & early child development, and
- Information and awareness on government schemes.



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We dream to make 4 more such Sub-Health Centres in
Pati block of Champawat district, Uttarakhand.
Be a part of our dream with your valuable contribution.

AROGYA INITIATIVE & TEAM.