

Auxiliary Nurse Midwife(ANM) Training at the Primary Health Centre of Pati Block District-Champawat,Uttarakahnd



BACKGROUND

Agrani, in collaboration with Northumbria University, UK, conducted an assessment in 2020, at the Primary Health Centres and Sub Centres of Pati Block, Champawat District. This was based on the India Public Health standards 2016.

What came out of this assessment was a knowledge gap among the ANMs in standard practices during childbirth.

Outcome:

- A series of trainings were conducted in Primary Health Centre(PHC) of Pati to develop the knowledge on safe delivery. This was started in 2020 by Dr.Dewal. Unfortunately, due to the pandemic covid directed efforts took priority. We are happy to have resumed our efforts to continue with the training.

PRE TRAINING EVENTS

- Visits to Antenatal and Postnatal mothers for need assessment
- Visit to labour room of Pati PHC to evaluate progress in construction work, check available drugs and equipment.

Participation:

18 ANMs from Pati Block, 2 Staff nurses, Medical officer of PHC Pati and 3 Agrani Staff members.

FEEDBACK & ANALYSIS RESULT

- The participants loved brushing up and learning new things.
- Hands-on training was much appreciated.
- Request for a session on "Contraception" by MOI/C.
- Improvement by 10% on assessment of pre to post-training questionnaire.

A training session was conducted on 29th September 2022 by Dr. Apeksha Mittal at the PHC of Pati.

The snapshot of the workshop is here:

TRAINING DAY

- Introduction of trainers
- Vision of the training
- Introduction of the participants
- Open session on "what do you like the most about your job". Some of the answers are: Working with the community, being a grass root worker and first contact for the community, approachability, learning, respect, health education, counseling, child care, and vaccination.
- Open sessions with ANMs to understand their training needs. Some of them are: abdominal examination during pregnancy, Copper T insertion, episiotomy and suturing, PID and uterine prolapse.
- Make the participants answer a pre-training questionnaire to evaluate baseline knowledge.
- Training given on antenatal care:
 - ✓ Taking down antenatal history
 - ✓ Examination: general and abdominal
 - ✓ Investigations
 - ✓ Identifying high risk pregnancy
 - ✓ Nutrition and Dietary supplement
 - ✓ Vaccination
- Hands-on training on an antenatal lady (in small groups) : Abdominal examination and listening to FHR using a hand held Doppler
- Make the participants answer a post-training questionnaire